

Presidential Scholarship Application

**Northwest
UNIVERSITY**



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Personal Pages

Extra Curricular



Sports have always been a very important aspect in my life both mentally and physically. Not only have they provided a source of exercise and energy release, they have been a form of mental discipline and character building.

Swimming: I have been in the water for as long as I can remember. I began swimming in the deep end when I was three, much to the surprise of my parents and the lifeguard who tried to save me. I began swimming competitively in 1993 and have continued all through my high school years. As a freshman I began swimming on Skyline's Varsity Men's Swim and Dive team. This was a great chance



for me to both meet upper classmen and be challenged by their competition. I received both a varsity letter and a scholar athlete award all four years of high school. The scholar athlete award signifies that I maintained at least a 3.5 GPA all throughout the season. This past year I was voted as one of two Men's Swim and Dive Captains. This was a great honor to be voted into this position by my teammates. My responsibilities included coordinating the setup and tear down of all equipment before swim meets, aiding in race assignments for swimmers and coordinating snacks after the swim meet.

This position developed me as a leader because I could recall looking up to the captains when I was an underclassman and wanting to be just like them. I worked to set the example of one who was both fun to be around but also knew when to work hard.

Soccer: Soccer is my favorite sport. I have played recreationally since 1995. In high school I played on the 2002 and 2003 Freshman/ Sophomore teams. Both years I earned a Scholar Athlete award by maintaining at least a 3.5 GPA. In the winter of 2003 I also participated on an soccer team on an local indoor soccer league. Soccer is a sport which I would love to continue in college, either on an intramural team or on the varsity team.

In the Community...



A scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent. The Scout Law, over a long period of time, has

shaped the person I am today. Ever since 1997 I have been an active member in Boy Scout Troop 636. Over time there have been many opportunities to both be involved in outdoor activities along with service projects. Various outdoor activities have included a twenty mile hike through the hills of eastern Washington, a 9 mile hike along the Olympic peninsula, a 3 day boating trip through the San Juan Islands and numerous snowboarding trips. One of the most memorable trips was when my Dad and I went snow caving on Mount Rainier. After attending numerous classes on how to make a snow cave and survival in the snow, my Dad and I traveled with our troop to build a cave in the side of a snow wall and sleep in overnight. I'm not sure, but somewhere between when my Dad and I discovered you could burn snow with a camp stove and when I woke up with snow 6 inches from my face (when it started out at two feet away), I realized how fun the outdoors really was.

Aside from the great camping aspect of boy scouts, there have been numerous opportunities for me to develop leadership skills. Although I have held many positions within the troop such as librarian and patrol leader, none has been more challenging and preparing as Assistant Senior Patrol Leader. When I received the position, the troop was going through a phase of returning to the patrol method, or a "boy-led" troop. Being the second in command I was given much responsibility, especially in areas not seen by many. One of these responsibilities was organizing and creating the Patrol Council. This was a smaller meeting held after the regular meeting. It was a requirement that all boys with troop positions and patrol leaders attend. My purpose was to delegate jobs among troop leaders, help give guidance to patrol leaders on how to be effective leaders and organize patrols to create troop outings. **(Continued of page 15)**



One of many shelves installed at the Issaquah Food Bank for my Eagle Scout Project

In the Community...

Most recently I have submitted my application to receive the rank of Eagle Scout, which fewer than 4% of all Scouts attain (Eagle). This is quite a honor, as I have been working toward this goal since 1997. In order to actually receive the award, I was required to complete a service project which I designed, planned and carried out. The project I created was the replacement of shelving at the Issaquah Food Bank. The state of the shelving was very poor before it was replaced. It was made out of cheap metal and was bending at all joints due to the heavy weight of the food cans. It was also brought to my attention that Eagle Hardware in Issaquah was being acquired by Lowes Hardware and in the process, Lowes was replacing the old shelving in the store. I soon created a project plan that would take the food banks shelving and replace it with Eagle Hardware's old sturdy shelving. Involved was an extensive process of acquiring the shelving, resizing it through welding, and installation of over 200 custom pieces of wood. After 180 collective hours of community service between me and 24 volunteers, I had completely replaced five shelves in the Issaquah Food Bank.

Amigos of Meadow Creek

In the summer of 2002 I was asked to be one of three student representatives on the execu-

tive council of a local non-profit organization Amigos of Meadow Creek. Amigos of Meadow Creek aims to offer both short term and long term missions trips both locally and internationally. I was first acquainted with the organization when I took my second trip to Mexico. The organization was responsible for all coordination with AMOR ministries in Mexico. The organization soon after this mission trip asked me to be a student representative. At meetings, I primarily help with brainstorming ways to improve existing projects and new projects the group could sponsor. Overall this experience has helped me to become better affiliated with running a small organization and figuring out all logistics of organizing trips with students from the community.

Clothes for Homeless

For the last three years I have been involved with a group that goes into downtown Seattle and pro-

vides aid for the homeless. Quarterly the group goes to Pioneer Square and gives out free meals and clothes. In total I have gone myself 5 times. This has been a great opportunity for me to stretch my comfort zone and give back to the community. When I volunteer I primarily work in the clothing section. Acting as a personal shopper, I help the homeless find exactly what they need for that season. It may be a jacket or even simply a pair of socks. Everyone is obviously grateful to receive anything we are able to give, new or old.

In the School...



This past school year I decided to enter into Skyline's marketing program by taking an Introduction to Marketing class. In addition to class participation, students are expected to participate in the DECA program. The Washington DECA program "exists to develop the leadership skills of marketing students for success in business and their lives" (Washington).

The class was very busy last semester. Along with a partner, I wrote a 30 page paper for improving the training program for the wait staff at Bellewood, a local retirement home. This involved creating a comprehensive study of the company using general manager interviews, food service manager interviews, resident surveys, employee surveys and a focus group with current employees. Once our information was collected, we conducted a thorough analysis of the information to provide the best solutions for improving the training program. When Jaimy and I finished, we submitted the paper for evaluation and have qualified for the DECA state competition.

In a DECA area competition, I chose to compete in the Apparel and Accessories Management category. This competition consisted of 3 parts. The first part was a multiple choice test and the second two were role-play scenario situations. Out of approximately 30 competitors, I ranked second on the multiple choice portion of the competition. In my first role play I received all of the possible points and received first place. On my second role play I finished second. At the end of all competitions the scores were averaged and overall rankings for each category were given. I received first place among all competitors. This was a great experience for me because it challenged my improvisational speaking skills in the role plays and taught me about marketing strategies in the real world. I feel blessed to have taken this course because of the valuable business and marketing skills I am learning. I truly feel that no matter what I will be doing in life, these skills will always be of use.