



Life at NU Guide

2025-2026 SCHOOL YEAR



Northwest
UNIVERSITY

Jesus First. Jesus Always.

Welcome



Welcome to Northwest University! Our goal at NU is to see you successfully graduate *and* for you to love your community learning experience. We want to see you grow, belong, and thrive! Toward that end, we've compiled this booklet with a number of helpful resources

and opportunities. As you make your way through this guide, I encourage you to process how you would like to be involved on campus, because you get to define your student experience!

At Northwest University, learning is not strictly confined to the classroom, nor spiritual formation exclusive to the chapel. Opportunities for learning, connection, and spiritual growth are around every corner. As Wendell Berry said, "The teachers are everywhere. What is wanted is a learner."

This year, I challenge you to view the entire community experience as an opportunity to learn and grow. Don't sit back and expect life-changing opportunities to

find you. Get out of your comfort zone. Explore. Be present. Be intentional. Be a learner. Make the most of your Northwest University experience by purposefully engaging both in and out of the classroom.

As you explore elements of our thriving campus life enclosed in this guide, if you have any questions, please don't hesitate to contact the Office of Student Development. We are here to serve and journey with you. We are looking forward to meeting you at Welcome Weekend and to a great year ahead!

DR. RICK ENGSTROM

*Vice President for
Student Development*



Welcome, new students! I am so excited you chose Northwest University for your college experience and that you get to join our campus community this year. There is truly no place quite like NU, and I hope you grow to love it as much as I do.

My hope for all of you this year is that you find a community where you can experience belonging.

Within this guide to life at NU, you will see just the tip of the iceberg of what NU has to offer. From clubs to residence hall floors to events to classes, there are countless ways to find connection with others at Northwest! During your first semester at NU, you can try out all these different areas of community, find "your thing," make some new friends, and hopefully find belonging.

I recommend that each one of you take time to form relationships with your professors, NU staff, student leaders, and those in your classes

and residence hall. College is such a formative time, and there is no better way to grow than by being surrounded by people who care about you.

I cannot wait to meet all of you, to help you find belonging at NU, and to lead our community this year. Feel free to reach out to me with any questions you have about life at Northwest or to stop in at our ASNU office hours any time.

See you around!

THAD NORRIS

ASNU Student Body President



CONTENTS

WELCOME LETTERS.....	2
STUDENT LEADERSHIP	4
GET INVOLVED.....	5
LIVING ON CAMPUS	6
COMMUTERS	6
SPIRITUAL FORMATION	8
NU CONNECT	9
HEALTH AND WELLNESS	10
ACADEMIC SUCCESS AND ADVISING	10
NU BUCKET LIST CHALLENGE	11
FAQS.....	12-13
DIRECTORY	14
ACADEMIC CALENDAR	15
CAMPUS MAP	16



STUDENT LEADERSHIP

At Northwest University, we have a passion to invest in students as current and future leaders. One tangible way we do this is through student leadership opportunities. We have approximately 40 student leadership positions each year, each having a scholarship associated with the position.

Keep your eyes open for opportunities to get involved. Student leadership selection takes place each February, and you have the chance to apply for these leadership positions! Learn about the different ways student leaders shape our campus.



ASSOCIATED STUDENTS OF NORTHWEST UNIVERSITY (ASNU)

ASNU is an elected group of representatives who serve as student voices and are committed to listening to student concerns, advocating for student needs, and bringing positive changes to NU. ASNU executive officers are elected each spring and student senators are elected in September. Be on the lookout for more information about applying to be an elected officer!



MULTICULTURAL ORGANIZATION OF STUDENTS ACTIVE IN CHRIST (MOSAIC)

The MOSAIC family cultivates open spaces for students to encounter the diversity of God's Kingdom by choosing to grow in humility, joy, and compassion through lasting relationships. Everyone is welcome and brings a uniquely valuable perspective to these community events. With faith as the foundation, MOSAIC believes unity in the midst of diversity is possible and something worth pursuing together.



STUDENT ACTIVITIES BOARD (SAB)

SAB exists to promote and build a positive, inclusive community by engaging students socially, physically, and culturally through fun events and programs. Their hope is to encourage student development through involvement and generate enthusiasm and support for NU while creating a sense of belonging.



CAMPUS MINISTRIES

Campus Ministries is supported by student leaders who facilitate various aspects of spiritual formation programming at NU. They serve in the areas of prayer, chapel and Monday Night Worship, Life Groups, hospitality, media, lighting and sound, graphic design and social media, photography, missions, and ministry teams. The aim of Campus Ministries student leaders is to help our community love, trust, and follow Jesus.



RESIDENT ASSISTANTS (RAs)

The Residence Life staff is committed to encouraging, facilitating, and growing community here at NU. The resident assistant's (RA) role is one of support and challenge toward Christ-like community, belonging, and authentic relationships. RAs assist in co-creating safe and supportive environments through programming, mentoring relationships, and conflict mediation and resolution.

GET INVOLVED

At Northwest University, our hope is for you to find a place you belong! There are a lot of ways to be intentionally involved here at NU, both on and off campus, and we encourage you to explore the different opportunities that are of interest to you.

Whether you are looking for something to participate in once or on a weekly basis, something to simply attend or a place where you can use your leadership skills, we have something for everyone. And, if you can't find something that excites you, we encourage you to start something new! For more information on how to start a student group, check out the ASNU website on Eagle.

Each fall, we invite our campus community to visit our [You Belong Fair](#) to explore the different ways that students can get involved. Check the NU Connect app (page 9) to see what you can get involved in today.



1



2



3



4



5

CAMPUS INVOLVEMENT OPPORTUNITIES

- Join a Life Group.
- Become a chapel greeter.
- Join Campus Ministries photography team.

1 Join an intramural team.

- Start a study group.

2 Attend SAB events.

- Find out more about music ensembles.

- Apply to be a senator.

3 Audition for NU Worship.

- Volunteer with SAB.
- Join the SAB hospitality team.
- Attend MOSAIC events.

4 Cheer on Eagles athletics.

- Join Monday Night Prayer Team.
- Apply to go on a mission trip.
- Go to coffee with your professor.
- Get involved with NU Theatre.
- Join or start a student club.
- Become an NU ambassador.

5 Check out equipment from the ASNU office.

LIVING ON CAMPUS

Convenience. Support. Community. Living on campus is a unique, intentional, and rewarding experience. Take advantage of the resources and relationships that come from sharing life together on campus. From learning to live with others to cooking on your own, living on campus provides you with life skills and lifelong relationships!



NORTHWEST UNIVERSITY
**RESIDENCE LIFE
& HOUSING**

LIVING AREA LEADERSHIP

- **Resident Assistants (RAs)** are student leaders who live on each floor to provide leadership, guidance, care, and fun for residents.
- **Area Coordinators (ACs)** are professional, live-in staff who provide leadership within a living area with the hopes of developing a Christ-centered living and learning community. They counsel and support students, facilitate programming, assist with crisis management and conflict resolution, and provide leadership and mentoring to students and RA teams.

LIVING AREA COMMUNITIES

- Themed Community Crews are a big deal here at NU. Their names are Jungle, Wolfpack, Hive, Ducks and Chicks, Den, Sharks, and Neighborhood.
- Internet access via Wi-Fi and Ethernet connections.
- Quiet hours are 10 p.m.–8 a.m. every day.
- Credit- and debit-operated washers and dryers.



RA ON-CALL NUMBERS

- GPC RA on call: 503-673-6294
- Gray/Beatty RA on call: 503-476-1296
- Apartment RA on call: 971-266-1073
- Weekend on call: 503-673-6294
Thursday 11 p.m.–Sunday 5 p.m.

HOUSING CONTACT INFO

- 425-889-5334
- housing@northwestu.edu
- Main office located in the Pecota Student Center.

COMMUTERS

Do you live off campus and commute to class? Approximately 30% of our students do too! Make sure to check out our commuter resources on Eagle to make the most of your experience.

COMMUTER TIPS:

- Stay on campus after classes to study, go to events, or just be with people.
- Check out a free locker for the school year through the Student Life Office to store your belongings while you're on campus.
- Join a club or Life Group.
- Work on campus to meet more people.
- Sit and hang out in the residence hall lobbies (your ID card will get you in).
- Purchase a small meal plan to eat at The Caf with friends. More information can be found on Eagle.



"Get out of your comfort zone.
Explore. Be present. Be intentional.
Be a learner. Make the most of your
Northwest University experience
by purposefully engaging *both* in
and out of the classroom."

- DR. RICK ENGSTROM
Vice President for Student Development



SPIRITUAL FORMATION



Hey, Eagle!

The greatest attribute of NU is that we are a community committed to following Jesus.

In your time here at NU, you will find that our passion to follow Jesus is not a cliché or something good to tweet. All of us—students, faculty, and staff—are deeply invested in one another's spiritual lives. We invite you to join us and help make NU a spiritually vibrant community. **Welcome home!**

SHADDYE MELU AND JAMIE SHORES
CAMPUS PASTORS

SPIRITUAL LIFE CREDITS

To help cultivate a spiritually vibrant community and to foster the spiritual formation of each member, the Campus Ministries office, along with other departments, provides spiritually enriching opportunities for our community. Each opportunity is associated with a Spiritual Life credit.

All traditional undergraduate Kirkland-campus students taking 12 or more credits are required to attain 30 Spiritual Life credits each semester. Traditional undergraduate Kirkland-campus students taking 7–11 credits are required to attain 15 Spiritual Life credits each semester. There are over 75 opportunities for Spiritual Life credits each semester.

- **Chapel Gatherings** (Wednesdays and Fridays at 10:10 a.m.) – **42 opportunities**
- **Monday Night Worship Gatherings** (Mondays at 8 p.m.) – **12 opportunities**
- **Life Groups** (Two credits per week) – **30 opportunities**
- **Chic Chat and Fellowship** (Women's and men's gatherings) – **2 opportunities**
- **Other approved events as advertised** (Reel Talk, Courageous Conversations, etc.) – **1+ opportunities**
- **Local Missions Opportunities** (Campus Ministries partners with local organizations to love and serve our community; more information on northwestu.devo.com.)

CHECKING YOUR SPIRITUAL LIFE CREDITS

Students are expected to keep track of their Spiritual Life credit record. To do so, log on to NU Connect and visit My Checklists on your menu bar. Students can follow up with Campus Ministries about any discrepancies, questions, or concerns by visiting their office within two days of the credit opportunity.

Campus Ministries is located inside the Pecota Student Center, and can be reached at **425-889-5308** or campusministries@northwestu.edu.



GET CONNECTED WITH NU CONNECT!

NU Connect is your one-stop shop for everything related to getting involved at Northwest. Check out all the features this app has to offer:

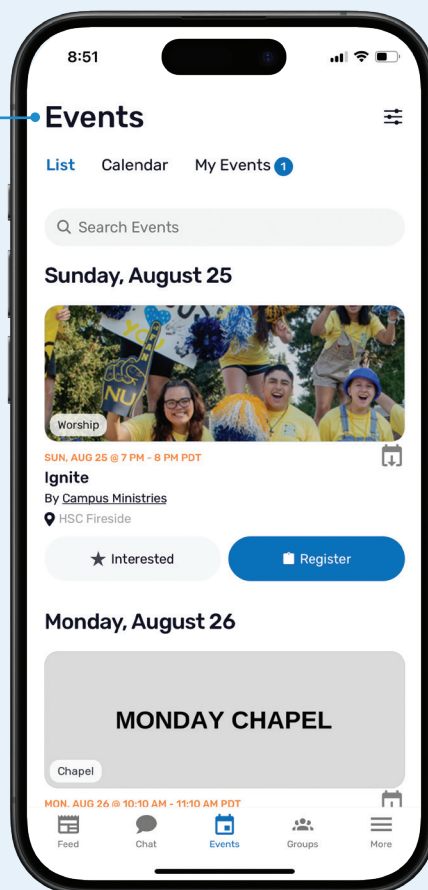
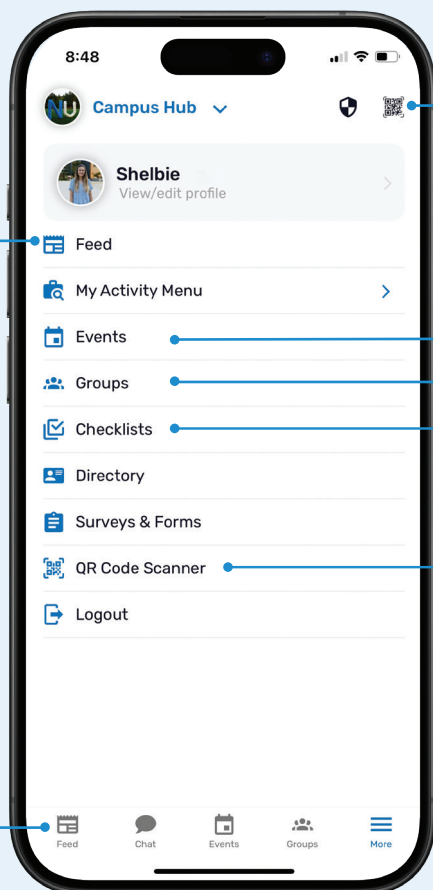
- Campus event calendar.
- List of all current clubs.
- Info on how to join or start a club.
- Keep track of your Spiritual Life credits.
- Post on the Community Feed.
- Scroll through the Community Feed to see what's happening on campus.
- Find others with common interests.
- Access surveys, forms, and checklists.

Explore and download the NU Connect app from the App Store or Google Play Store.

• View the **community feed**.

Show your QR code to be scanned into events.

• Check out the **upcoming events**.



View your spiritual life credit attendance and any other assigned **checklists**.

• View the list of current **clubs** to join and join through the app.

Scan in and out at events where a QR code is presented.

HEALTH AND WELLNESS

NU has a number of resources and services available to help support your overall health and wellness. We offer in-person counseling at the Greeley Counseling Center through our partnership with NUhope Community Counseling Center. Counseling sessions are free for undergraduate students. We also offer free telehealth medical and nutrition services through a third-party partner called **TimelyCare**.

COUNSELING SERVICES

Appointments are available free of cost to our undergraduate students for a variety of counseling services. This type of support can help you:

- Gain tools to manage and reduce stress or anxiety.
- Improve low mood, decreased motivation, or depressive symptoms.
- Talk through and resolve relationship conflicts.
- Increase self-awareness and healthy self-perception.
- Become a more assertive communicator and improve boundary setting.
- Create a plan to meet personal and academic goals.
- Find off-campus referrals for more frequent mental health support.

NUHOPE CONTACT INFO

- 425-889-5261
- nuhopeinfo@northwestu.edu
- Everett D. Greeley Center (building 5 on campus map)





TYPES OF SERVICES:

- **MedicalNow:** 24/7 on-demand medical care.
- **TalkNow:** 24/7 on-demand mental health support.
- **Scheduled Medical:** Select the day, time, and medical provider of your choice.
- **Health Coaching:** Support for developing healthy behaviors like nutrition and exercise.
- **Self-Care Content:** Original content on a variety of health and well-being topics and symptoms.



Visit timelycare.com/northwestu or download the app to log on.



ACADEMIC SUCCESS AND ADVISING

The goal of the Academic Success and Advising office is to set students on the right path from the start and help them stay there each and every step of the way. Before a student even arrives, we create their first schedule according to the major the student has chosen. We make sure to take into account any transfer credits the student may have and align it carefully with the plan of study that best fits the major. Walking alongside students as they transition from home to school, high school to college, community college to university, one college to another, adolescence to adulthood, and dreams to reality is a great honor for us, and we take the responsibility very seriously.

PRACTICAL SERVICES

- Change of major or minor.
- Add/drop a class.
- Withdraw from a class.
- Substitute a class.
- Petition for a unique circumstance.

SUPPORT SERVICES

- Tutoring.
- GPA calculation.
- Disability accommodation.
- Testing Center appointments.
- Academic and life coaching.
- Career services.

CONTACT INFO

- 425-889-5227
- advising@northwestu.edu
- Williams Hall, room 10 (building 10C on campus map)

NU BUCKET LIST CHALLENGE

- ☐ READ A BOOK ON THE GREEN
- ☐ PADDLEBOARD ON LAKE WASHINGTON
- ☐ GO TO A MARINER'S GAME
- ☐ PLAY SPIKEBALL ON THE GREEN
- ☐ HAMMOCK ON CAMPUS
- ☐ WATCH THE SUNSET FROM GAS WORKS PARK
- ☐ CHEER ON FELLOW EAGLES AT A HOME GAME
- ☐ GET \$5 PIZOOKIES ON TUESDAYS AT BJ'S RESTAURANT IN REDMOND
- ☐ MIDNIGHT RUN TO DICK'S DRIVE-IN
- ☐ BONFIRE AT GOLDEN GARDENS OR ALKI BEACH
- ☐ PICNIC ON THE WATERFRONT
- ☐ JOIN A CLUB
- ☐ GET COFFEE WITH A PROFESSOR
- ☐ TRY "THE COOKIE" AT METROPOLITAN MARKET
- ☐ PLAY SAND VOLLEYBALL ON A SUNNY DAY
- ☐ BUY FLOWERS AT PIKE PLACE MARKET
- ☐ GO TO A FAVORITE LOCAL COFFEE SHOP
- ☐ PLAY AN INTRAMURAL SPORT
- ☐ TRY SALT & STRAW ICE CREAM
- ☐ GO ON A WALK THROUGH WATERSHED PARK
- ☐ GO INDOOR ROCK CLIMBING OR BOULDERING
- ☐ HIKE RATTLESNAKE RIDGE
- ☐ PARTICIPATE IN SEW
- ☐ GO TO SNOWFLAKE LANE DURING THE CHRISTMAS SEASON
- ☐ TRY BUBBLE TEA
- ☐ JUMP IN LAKE WASHINGTON
- ☐ CHECK OUT A MOVIE OR BOARD GAME FROM THE NU LIBRARY
- ☐ SEE A CHORALONS CONCERT

FAQS

ID KEY CARDS

Your NU ID key card is imperative to your functioning on campus! If you lose your card or if it isn't working properly, please visit the Information Technology Help Desk in the Barton Building. You'll use your card for the following:

- Door access into residence halls and other buildings.
- Meals at The Caf.
- Resource check-out at the library.
- Access to the Eagle Fitness Center.
- Admission to athletic and other NU events.
- Discounts at local businesses.

EMAIL

Checking your NU email is a crucial part of being a student—this is how the university communicates with you most often. Whether announcements, class or professor information, or an account statement notification, you'll find what you need to know through email. Access your NU email via the Eagle homepage.

WI-FI AND INTERNET

Connect to the **NU_Wireless** network and log in with your NU email address and password. Contact the IT office to activate the ethernet port(s) in your residence hall room. Remember, no personal routers or wireless access points are allowed.

DISCOVERY

Your professors will post class information, syllabi, assignments, and more on the Discovery website. Access Discovery via the Eagle homepage. Once signed in, you'll find more information in the NU Student Tutorials course.

PRINTING

Need to print something? Use your student printing balance to print in computer labs, print kiosks, and in the library. Color printing, copying, and scanning to email can be done in the Library.

MAIL AND PACKAGES

Campus mailbox numbers are printed on the back of your residential student NU ID key card. Student Mailboxes are located in the Pecota Student Center, and packages can be picked up from Print and Mail Services in the Barton Building. We'll send you a text and email whenever you receive a package.

PARKING AND TRANSPORTATION

Have a car on campus? Great! Register your vehicle and purchase a parking permit on the Eagle website. You can find Campus Parking on the My Profile page. After registering your car, you will need to pick up your parking permit sticker in the Security Office in the Crowder Lobby. If you have any questions, please reach out to the campus parking administrator at parking@northwestu.edu.

If you don't have a car on campus, we have great public transportation with bus routes picking up right in front of campus. Consider purchasing an ORCA card through King County Metro and Sound Transit.

CAMPUS SECURITY

The Campus Security office is located in the Crowder Lobby. Security officers are on duty 24/7 and can be reached at 425-864-1552. Additional Security information can be found on the Eagle website on the Security homepage.



DINING SERVICES

THE CAF

Monday–Friday | 7 a.m.–7 p.m.

Saturday | 10:30 a.m.–12:30 p.m., 5–6 p.m.

Sunday | 7:30–9:30 a.m., 12:30–2 p.m., 5–6 p.m.

AERIE CAFÉ

Monday–Thursday | 7:30 a.m.–6:30 p.m.

Friday | 7:30 a.m.–4 p.m.

All students living on campus in either the residence halls or the student apartments have flex dollars to spend at the Aerie! Residence hall residents receive \$100 and student apartment residents receive \$125, all included in your meal plan. If you have special dietary needs, please contact our Sodexo director, Teissa Oxford, at 360-201-9109 or by emailing teissa.oxford@sodexo.com. Sodexo also hires student workers at the beginning of each academic year, so if you're interested in working at the Aerie Cafe or The Caf, don't hesitate to reach out to our dining director as well.

EAGLE FITNESS CENTER

Hours are subject to change.

LIBRARY

Monday–Thursday | 8 a.m.–10 p.m.

Saturday | Closed

Friday | 8 a.m.–5 p.m.

Sunday | 3–10 p.m.

For holiday hours, see the library website.

24-HOUR STUDY SPACE

The 24-Hour Study Space is located just inside the library entrance (Hurst 214) and has computers and a color printer for your late night study needs. Use your NU ID key card for access outside of library hours.

MAINTENANCE REQUESTS

Something wrong in your room? No problem. Submit a maintenance request through Eagle by going to the Facilities page and then clicking on the Maintenance Request button. Click "Sign in with Microsoft" to get started. Once you're logged in, click the "New Request" or "Create" button. Fill out the form with your details and a description of the issue. Please include any information that will be helpful for the team. If you have any questions, please call Facilities at **425-889-5585**.

INFORMATION TECHNOLOGY (IT)

Have a question about Internet access, printing, your NU ID key card, login information, or other technology? Email help@northwestu.edu, stop by the **Help Desk** (Barton 160), or call **425-889-5310** for IT answers or assistance.

EAGLE WEBSITE

For additional information on the above resources and much more, visit eagle.northwestu.edu.

DIRECTORY

For a full directory, check out the Eagle website or call 425-822-8266.

ACADEMIC SUCCESS AND ADVISING

425-889-5227 | Williams Hall, room 10
advising@northwestu.edu

For questions regarding advising, testing, tutoring, career development, disability accommodations, or academic resources (including, but not limited to, change of major and adding or dropping a class).

CAMPUS MINISTRIES

425-889-5308 | Pecota Student Center
campusministries@northwestu.edu

For questions regarding prayer or pastoral counseling, Life Group applications or information, mission trip information, and participating in a local missions group.

HOUSING

425-889-5334 | Pecota Student Center
housing@northwestu.edu

For questions regarding residence hall and apartment housing, RAs, and ACs.

INFORMATION TECHNOLOGY

425-889-5310 | Barton, first floor
help@northwestu.edu

For help with computers, printing, ID key cards, internet and Wi-Fi, passwords, and other technology at NU.

REGISTRAR

425-889-5228 | Rice 10
registraroffice@northwestu.edu

For questions regarding class schedules and registration, transcripts, and graduation requirements.

STUDENT FINANCIAL SERVICES

425-889-5210 | Barton, second floor
studentfinancialservices@northwestu.edu

For questions regarding payments, balances, and financial aid.

STUDENT DEVELOPMENT

425-889-5234 | Pecota Student Center
studentdevelopment@northwestu.edu

For questions regarding housing, commuter information, student leadership, clubs and organizations, and social and multicultural events.

NUHOPE COUNSELING CENTER

425-889-5261 | Greeley Wellness Center
nuhopeinfo@northwestu.edu

To make an appointment for counseling services.

ACADEMIC OFFICES

Center for Online and Extended Education Office
425-889-7793

College of Arts and Sciences
425-889-5315

College of Ministry
425-889-5253

College of Social and Behavioral Sciences
425-889-5286

School of Business
425-889-5754

School of Education
425-889-5272

School of Nursing
425-889-7822



ACADEMIC CALENDAR

AND OTHER IMPORTANT DATES

FALL SEMESTER 2025

First Day of Classes (Undergraduate Program).....	Aug. 25
Academic Convocation	Aug. 27
Last Day to Register; Last Day to Add/Drop Classes	Aug. 31
Labor Day Holiday (University Closed).....	Sept. 1
Reading Days (No Classes).....	Oct. 16–17
Priority Registration for Spring Semester Opens.....	Oct. 27
Last Day to Withdraw From Classes	Nov. 14
Reading Day (No Classes).....	Nov. 26
Thanksgiving Holiday (University Closed).....	Nov. 27–28
Last Day of Classes	Dec. 8
Final Exams	Dec. 9–12
Student Semester Break (No Classes)	Dec. 15–Jan. 11
University Offices Closed.....	Dec. 24–Jan. 1

SPRING SEMESTER 2026

Residence Halls and Dining Hall Open (Returning Students)	Jan. 11
First Day of Classes (Undergraduate Program).....	Jan. 12
Last Day to Register; Last Day to Add/Drop Classes	Jan. 18
Martin Luther King Jr. Day (University Closed).....	Jan. 19
Presidents' Day (University Closed).....	Feb. 16
Spring Break (No Classes)	Mar. 9–13
Priority Registration for Fall Semester Opens	Mar. 30
Reading Day (No Classes).....	Apr. 2
Good Friday (University Closed).....	Apr. 3
Last Day to Withdraw From Classes	Apr. 10
Last Day of Classes	May 1
Baccalaureate Chapel.....	May 1
Final Exams	May 4–7
Graduation Celebration	May 8
Commencement.....	May 9



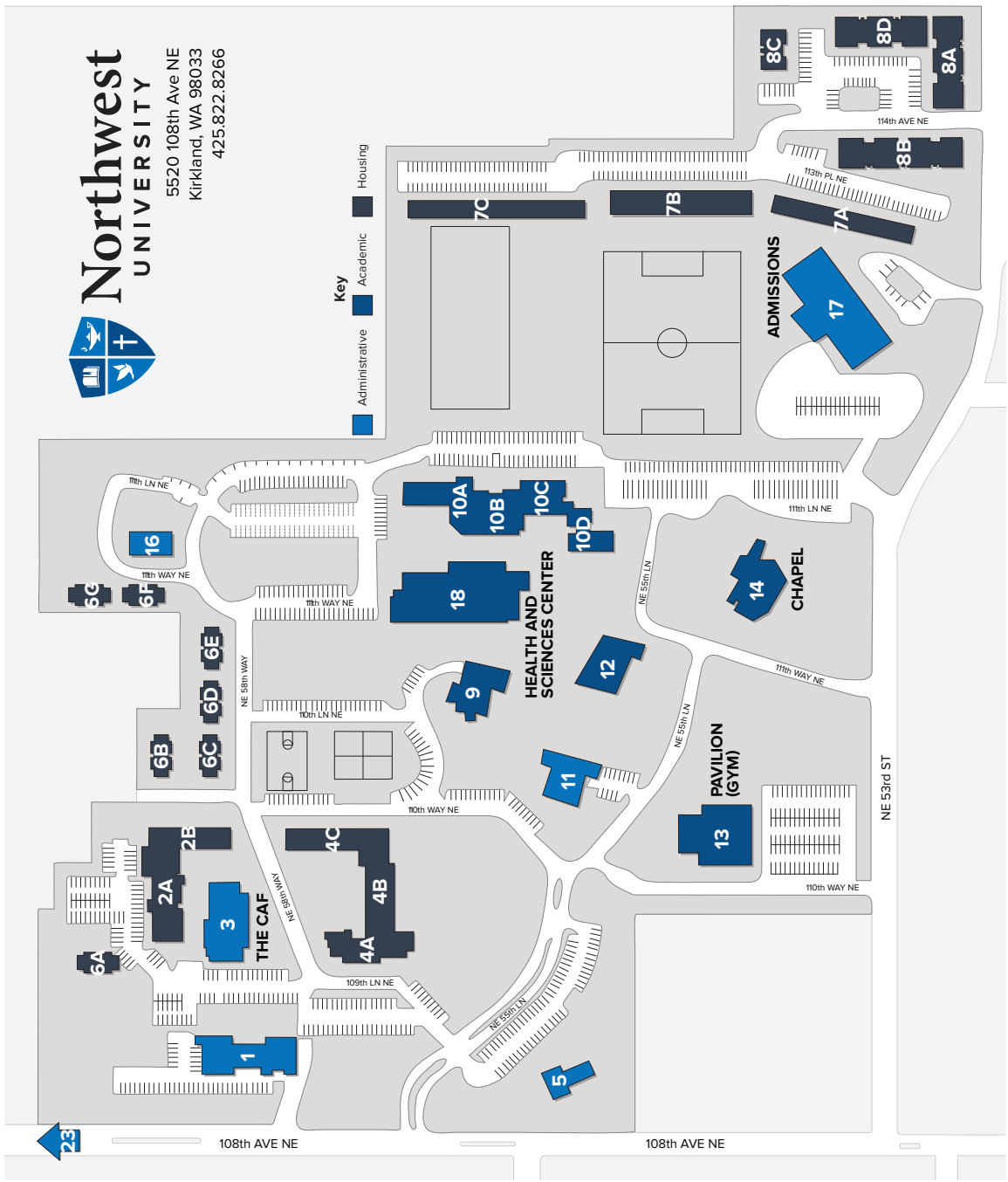
5520 108th Ave NE
Kirkland, WA 98033
425.822.8266

Key

Administrative

Academic

Housing



ADMISSIONS

17 Barton Building

THE CAF

3 Dining Hall

CHAPEL

14 Butterfield Chapel

GYM

13 Pavilion

HSC

18 Argue Health and Sciences Center

14 Amundsen Music Center

10A Bronson Hall

10D Fee Hall

5 Greeley Center

9 Hurst Library

16 Maintenance Building

12 Millard Hall

10 Ness Academic Center

11 Pecota Student Center

10B Rice Hall

10C Williams Hall

1 Davis Building

23 6710 Building

HOUSING

2B Beatty Residence Hall

8 Campus Housing East

4A Crowder Residence Hall

6 Duplex Faculty/Staff Housing

7 F.I.R.s Apartments

2A Gray Residence Hall

4B Guy Residence Hall

4C Perks Residence Hall